

Restology Offer

Scarborough Yoga Space

Scarborough Yoga Space have a dedicated yoga and wellbeing studio. They offer a wide range of classes with everything from slow and restful to dynamic and energizing. They would like to offer our clients a concession of 50% discount on their weekly gentle yoga class which runs on Monday late mornings.

- Please click their logo, book the Monday at 11am gentle yoga session and select 'Carers Plus Restology' in the pricing box prior to checkout
- To find out more about Restology please click our logo and link to a member of the team

